Continuing with the success of our 90th year at Step Rock ASC, we were very proud of our younger swimmers who took part in the 2018 Geordie Wotherspoon Champs at Michael Woods Sports Centre earlier this month. The team came back with some amazing PBs and medals.

In the 9 and under individual events, Step Rock took top spot in 4 events, seeing James in 25m back, Sanna and Jack in 25m breast, and Ollie in 25m fly take home gold, and Oscar taking Silver in 25m free. Freya and Lauren, 2 of the youngest swimmers in the team also had very pleasing swims. In the relays and 9 and under category, Emma C, Emma W, Elsie and Sanna took bronze, while the 9 and under boys, Oscar, James, Jack and Ollie took top spot taking home gold for the free relay.

In the 10 and over category, our more experienced swimmers did equally well. Sam earned gold in 50m back, Lucy Silver in 50m breast and Tommy Gold in 50 free. In the relays, Ellie, Lucy, Rebecca and Thea didn't quite make it to the podium but the 10 and over boys, Tommy, Sam, Thomas and Archie took home Silver. A great start to the season with some brilliant improvement in our young swimmers.