Novice and Fife Leagues 1 10/3/19

It was a fantastic day all round at the first of the Novice and Fife Leagues of this year on the 10th of March 2019. Individually, there were numerous pbs and some great first swims particularly for our younger swimmers.

In the morning in the Novice Leagues, the relay teams were brilliant coming first in three relay races and second in two. Seven of our swimmers were also awarded ‘too fast’ flashes – huge congratulations to Jake, Thomas, Rebecca, Jack A, Oscar, Ollie and Thea for their flashes!

In the relays, 1st place was awarded for the boys 9 and under A team in the 100 Free - James W, James H, Oscar and Max R. 1st place also for the girls 10 and over A team in the 200 free relay - Ava, Rebecca, Thea and Kaitlyn.

1st place was awarded for the boys 10 and over A team in the 200 free - Thomas L, Jack A, Sam J and Tom and 2nd place in the 100 free for the 9 and under girls A team Megan, Emily, Elsie and Amelia.

A further 2nd place for the 10 and over boys B team Jake, Oscar, Oliver and Edward again in the 200 free.

Moving on to the Fife Leagues in the afternoon, many of our swimmers placed in the top 3. Kayla was 1st in the 100 back with a 4 second pb and Angus also came 1st in the 100 back with determined racing and another pb improving further on his recent club record swim! Corey was also 1st.

In the 200 back, Corey placed 1st, Sam C 3rd and Kayla performed well with another 7.5 sec improvement after a 25 sec pb last month. More substantial pbs came in the 200 back from Sam C, Orla, Anna S, Maddy and Daniel and Sam's swim gave him another DRP time.

In the 100 Fly, Ellie swam to 1st place with great technique throughout. Sam C placed 1st, Fraser 2nd and Anna S 3rd in their respective 100 Fly races.

Beinn came first in the 100 free with an 11 second pb in a determined race against teammate Tommy, Isla T came 3rd and Russell 2nd.

In the 50 back, Anna H was 2nd as was David in his race.

In the 100 Breast, Emmy swam brilliantly coming 2nd with a 12 sec pb with a very aggressive first 50m swim sub 46 secs. Finch came 2nd and Bernat placed 3rd earning a 7 second pb.

This was a great start to the Novice and Fife Leagues by Step Rock.